

S&R 2019: Spine & Rehabilitation

Milan (Italy) - Friday, 29th March 2019

XII Evidence-Based Meeting, III Online Meeting



Thematic course

Rehabilitation approach to chronic low back pain patients

- 9.00 **Stefano Negrini – Italy**
The bio-psycho-social role of rehabilitation in chronic low back pain
- 9.25 **Sabrina Donzelli – Italy**
Biological factors - disfunction and deconditioning
- 9.50 **Fabio Zaina – Italy**
Psychological and social factors
- 10.15 Discussion
- 10.30 Coffee break**
- 11.00 **Michele Romano – Italy**
Searching for an antalgic physiotherapy approach
- 11.25 **Alessandra Negrini – Italy**
A bio-psycho-social outpatient expert rehabilitation approach
- 11.50 Discussion

The Presidents' lectures

Lectures from the presidents of the most important international scientific societies devoted to the spine (ISSLS, SOSORT, SRS), physical and rehabilitation medicine (ISPRM), and physical therapy (WCPT)

- 12.00 **Nicola Heneghan - United Kingdom**
Delegate of the World Confederation of Physical Therapy (WCPT) and Member Organization
Delegate of the International Federation of Orthopedic Manipulative Physical Therapists (IFOMPT)
Thoracic spine exercise prescription for rehabilitation – challenges and opportunities
- 12.40 Discussion
- 12.50 Lunch**
- 14.00 **Tom Oxland - Canada**
President of the International Society for the Study of the Lumbar Spine (ISSLS)
Basic biomechanics of the spine - What have we learned in 25 years?

- 14.40 Discussion
- 14.50 **Walter Frontera** - *Puerto Rico*
President of the International Society of Physical and Rehabilitation Medicine (ISPRM)
The aging spine
- 15.30 Discussion
- 15.40 Coffee break**
- 16.00 **Albert Todd** - *United States of America*
President of the Scoliosis Research Society (SRS)
All lumbar degenerative cases are deformity cases
- 16.40 Discussion
- 16.50 **Luke Stikeleather** - *United States of America*
President of the Society on Scoliosis Orthopedic and Rehabilitation Treatment (SOSORT)
Growth-guided correction through bracing, changing natural history in idiopathic scoliosis
- 17.30 Discussion
- 17.40 “Concorsetto” – The Brace Contest: an award for artworks on patients' experiences with braces